

Focused Coaching

Traditional Life Coaching is a one year, 24-session commitment addressing all areas of life and ministry. In contrast, our **focused coaching** is a short-term, laser-focused opportunity to intentionally refine one specific task or role with the opportunity to pursue other areas of focus at its conclusion or go on to traditional coaching if that meets your current need.

PERSONAL DEVELOPMENT	LIFE ROLES	SPIRITUAL FORMATION	BUILDING ON YOUR VISION	MINISTRY TOOL BOX
Building Your Ideal Week Calendar	Marriage/ Family/ Parenting	Bible Study Practices	Vision Development & Implementation	Coaching Your Leaders
Sabbatical Prep & Experience	Finishing Well	Growing Your Prayer Life	On-boarding New Leaders	Develop Your Church Discipleship Model
Nutrition/Health & Fitness	Women in Ministry	The Contemplative Life	Building & Developing Your Team	Calling & Visitation
The Enneagram & Gospel Alignment	Transitions in Life	Interior Examination: Going Deeper	Talent Insight for Individuals and Teams	Technology & Your Church
		Taking a Spiritual Retreat		

"I think what I appreciated about coaching was the help in focus, especially during our time of transition. ... My coach helped me think through many of the priorities and offered practical advice to help me focus on those priorities." - Wayne

What others are saying about Coaching...

"Coaching has given me intentionality, focus, and real time encouragement as I seek to grow in areas of my life that I've always known I SHOULD be focusing on." - Karen

"Coaching helped me deal with weaknesses in my ministry and myself in easy I was unable to on my own without shame, self-pity, or other negative feelings." - Michael

"I praise God for my coaching experience. Not only have I made a special friend, but I've received invaluable support in all areas of my life." - Tina

"My coach was extremely encouraging to me and helped me process through next steps that I needed to take to be a better man, husband, father, and pastor." - Randy

"Having a caring coach helped me to feel that I was not alone in this journey. ... Regardless of what you are feeling, experiencing, or processing, having a coach will help you navigate the journey easier." - Jim

"My coach was able to help me think through things and apply them where I live. I think the process also helped me to see that I was not a total train wreck and that maybe I was doing some things right." - Gordon

"Taking a look at where I am, and then where I want to be, helped me to develop actions that would take me in that direction. I have also greatly appreciated the relationships and accountability the program has made available to me." - Niki

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Take advantage of a
short-term, 3-8 session,

Focused Coaching
experience to seize
new ground in life and
ministry. Check out this
partial list of coaching
opportunities under five
broad categories.

If you don't see what
you need, contact our
Coaching Director.

HEALTHY LEADERS *for*
HEALTHY CHURCHES



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COACHING

Life Coaching
and
Focused Coaching